

## **Michelle (Shelley) McGuire**

Shelley McGuire received her BS in biology from the University of Illinois (1986), an MS in nutritional sciences from the University of Illinois (1988), and a PhD in human nutrition from Cornell University (1994). She is now an associate professor of nutrition at Washington State University where she conducts research on human milk and lactation and teaches a variety of undergraduate and graduate nutrition courses. Her research focuses primarily on understanding better how maternal dietary intake and nutritional status influence milk composition and duration of postpartum amenorrhea. Of particular interest to her research is the importance of dietary lipids to maternal and infant health. She is also a seasoned science writer, having coauthored an introductory textbook (*Nutritional Sciences: from Fundamentals to Food*, Cengage Publishing, 2007) as well as numerous other nutrition-related articles for both nutrition-savvy and general audiences. She has been a member of the American Society for Nutrition since 1987, and is currently serving on the executive board as the director of the Research Interest Sections. Dr. McGuire is passionately committed to bettering human health through high-quality nutrition research and evidence-based nutrition information.