



American Society for Nutrition
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ASN COSPONSORS SYMPOSIUM ON TEA AND HUMAN HEALTH

September 17, 2007– The American Society for Nutrition (ASN) is co-sponsoring the Fourth International Scientific Symposium on Tea & Human Health, which will announce recent findings on the health benefits of tea. The Symposium will be held at the U.S. Department of Agriculture Jefferson Auditorium in Washington, D.C., on September 18. Speakers will present an overview of the latest tea research, including findings related to improved cognitive function, ability to repair cells with damaged DNA, and tea’s potential impact on diabetes and weight management. Press conference speakers include scientists from UCLA, the Nathan Kline Institute for Psychiatric Research, USA National Parkinson Foundation, and Tufts University. Several researchers will be available for interviews until 2:15 pm.

“We are very pleased to be a sponsor of this symposium, which will highlight the emerging benefits of consuming tea,” said ASN President Joanne Lupton, PhD. To read about recent research on tea published in ASN journals, please visit <http://www.nutrition.org/media/news/TeaArticles.pdf>. The proceedings of the Symposium will be published in a supplement to a forthcoming issue of *The Journal of Nutrition* (<http://jn.nutrition.org>).

Joining ASN as cosponsors are The Tea Association of the USA, American Cancer Society, American College of Nutrition, American Medical Women’s Association, The Linus Pauling Institute, and Tea Council of the USA.

To read more press releases from ASN, please visit <http://www.nutrition.org/pressrsls.htm>.

The American Society for Nutrition (ASN) is the preeminent professional organization for nutrition research scientists and clinicians around the world. ASN is dedicated to bringing together the top nutrition researchers, medical practitioners, policy makers and industry leaders to advance our knowledge and application of nutrition. Founded in 1928, ASN publishes The American Journal of Clinical Nutrition (AJCN) and The Journal of Nutrition (JN). Visit ASN online at www.nutrition.org.

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